

An artistic photograph of a human torso and arm, featuring several tattoos. The background is dark and textured. The main title is centered in large, bold, white capital letters.

LIGHTS AND HUMANS

ARTISTIC NUDE & HUMAN DOCUMENTARY

BY SAULO TENÓRIO®

MISSION

A safe, **judgment-free** space to explore natural beauty. Strip away the stigmas and reconnect with your authentic self through the delicate interplay of **light and vulnerability**.

As an architect and visual artist, my work explores the intersection of **technical precision** and **human expression**. "Lights & Humans" is an invitation to strip away not just clothes, but accumulated fears, uncertainties, and stigmas. The vulnerable, natural self is captured within the intimate interaction of light, body, and environment, completely free from beauty diktats and stigmas.





SESSIONS

1. THE PORTRAIT

200\$

YOUR PUREST, MOST ELEGANT FORM

The Concept: This session is an introduction to contemplation. It is designed for those who wish to experience the artistic approach of "Lights & Humans" but prefer a more focused, gentle start. We concentrate on the face, the shoulders, and the expressions, using natural light to carve out your authentic story.

The Experience: We will spend one hour together in a relaxed environment. There is no rush and no forced posing. It feels more like a quiet conversation where my camera happens to be present. I will guide you to find the best light, capturing the subtle nuances that make you unique. It is the perfect first step into stripping away stigmas and embracing your natural self.

What is Included:

- 1 hour of shooting (Natural light, indoor or outdoor).
- A private online gallery for selection.
- 10 to 15 photos with professional Fine Art color grading.

Perfect for: Those seeking an authentic profile, celebrating a personal moment, or taking a first step into fine art photography. Also a great way to gift a friend or a beloved one!

Note: Studio rental fees (if applicable) are not included. No sales tax applicable (GST/QST exempt).



SESSIONS

2. LIGHTS AND HUMANS ————— 450\$

THE BODY, THE LIGHT, AND VULNERABILITY

The Concept: The absolute core of my work. This is the complete experience of shedding the weight of society's beauty diktats. It is a profound exploration of how light interacts with your body and your surroundings. Whether you choose to be partially clothed, draped in sheer fabrics, or completely nude, this is a safe, judgment-free space to reclaim your physical narrative.

The Experience: Three hours allows us to completely drop our guards. The session is built on a gradual progression—we start slow, talking, finding the rhythm of the space. As you become more comfortable, we explore different corners, shadows, and shapes. You will dictate the pace and the level of exposure. My lens is merely a spectator to your liberation, capturing moments of shyness, expansion, and raw beauty.

What is Included:

- 3 hours of shooting (allowing for breaks, conversations, and comfort changes).
- Art direction and environmental styling.
- A private online gallery for selection.
- 20 to 30 photos with professional Fine Art color grading.

Perfect for: A profound journey of self-connection, body liberation, or celebrating a major life transition with an artistic and intimate record.

Note: Studio rental fees (if applicable) are not included. No sales tax applicable (GST/QST exempt).



SESSIONS

3. HUMAN DOCUMENTARY ————— 850\$

LIFE IN ITS MOST NATURAL FORM

The Concept: This is a raw, contemplative record of your reality. Stepping entirely away from the concept of a traditional "photoshoot", the focus here is pure observation. It is a visual study of how you inhabit your space, how natural light interacts with your routine, and how beauty manifests in moments of stillness and authenticity.

The Experience: For half a day, my camera becomes a quiet extension of your environment. There is no script, no direction, and absolutely no expectation to perform. I will follow your natural rhythm, whether you are immersed in a creative process, moving through the intimacy of your home, or simply existing in a personal retreat. The goal is to create a timeless, honest archive of who you are today, capturing the poetry of the unintentional.

What is Included:

- 6 hours of documentary coverage.
- Fluid transitions between environments and levels of exposure.
- A private online gallery for selection.
- 80 to 100 photos with professional Fine Art color grading.

Perfect for: Marking a life transition, celebrating a personal milestone, capturing your creative process, or simply preserving the cinematic beauty of your everyday existence.

Note: Studio rental fees (if applicable) are not included. No sales tax applicable (GST/QST exempt).



EXTRAS

1. MOTION STUDY (VIDEO ARCHIVE)

An extension of the photographic session into moving images. Moving away from traditional narratives or heavily produced videos, this is a minimalist, unscripted visual study of light, form, and presence over time. It documents the subtle, natural shifts in posture and environment, creating a silent and honest moving portrait.

Deliverable: A 1 to 2-minute raw, color-graded visual motion study.

Rate : 250\$

2. PRINTS & PHYSICAL ARCHIVES

Translating the digital archive into physical matter. Selected photographs are printed on heavy, museum-grade cotton paper, transforming the visual study into a tangible object. Focused on materiality, texture, and longevity, this service is designed for those who value the architectural presence of physical art in their space.

Options: Individual fine art prints, framed pieces, or curated archival portfolios.

Rate: Discussed individually based on format, paper scale, and materials.

3. THE EXTENDED ARCHIVE

If you wish to expand your final collection beyond the session's limit, additional photos can be seamlessly added, receiving the exact same color-grading treatment as your main gallery.

Rate: \$25 per individual edit | Packs of 5, 10, or 20 available starting at \$100.

FAQ

1. What is the core concept behind the "Lights & Humans" project?

"Lights & Humans" was born from a pure documentary insight, rejecting the superficiality of pre-defined poses, artificial studio lighting, and the "false perfection" driven by social media. It is a raw, human approach that allows us to document a real scene, finding absolute beauty and authenticity in each individual.

2. I'm not a model. Will you help me with poses?

The poses are not strictly directed or forced. The goal of this documentary approach is to capture your natural essence. However, I will gently guide you with minor adjustments to enhance the composition and lighting, ensuring you feel confident and the scene looks aesthetically striking.

3. What if I feel nervous or frozen during the session?

It is perfectly normal to feel that way! Our session will unfold gradually, at your own pace, much like a calm conversation between friends. This gentle progression is designed to break the ice and ease any insecurities before the camera even starts clicking.

4. How does the Half-Day Human Documentary session work? Do I need to "act"?

The half-day session is, above all, an invitation to intimacy, completely devoid of judgment or performance expectations. Through an attentive documentary lens, I will quietly shadow a part of your routine, slowly revealing and visually constructing your true essence. There is no need to act; you simply have to live your day.





5. Do I have to be completely naked?

Not at all. The level of exposure is 100% dictated by you. The concept of "stripping away" in this project is as emotional as it is physical. If you feel more comfortable wearing underwear, sheer fabrics, or everyday clothing, the session will still be deeply focused on your vulnerability and the interplay of light. You are in absolute control.

6. Does the session have an erotic intent?

The core focus of the project is documentary and Fine Art photography, free from forced objectification. However, you are the one who entirely dictates the character, pace, and energy of the session. Reactions of shyness, moments of physical expansion, liberation, and even eroticism may naturally arise during the process. All of this is part of human nature and is fully embraced. There is absolutely no room for body shaming or moral judgment here. I act merely as a sensitive spectator behind the lens, respectfully documenting the moments, the beauty, and the truth you choose to reveal.

7. What if I feel too vulnerable and want to cover up during the session?

The session is built on continuous consent. You can pause, put on a robe, change your mind, or alter the direction of the shoot at any second without any judgment. My role is to document your comfort and your truth, never to push you into an uncomfortable situation.

8. Should I worry about body hair, scars, or "imperfections"?

Absolutely not. This project explicitly rejects societal beauty diktats and artificial standards. Body hair, stretch marks, scars, and blemishes are part of your story and contribute to the raw beauty of your natural body. Come exactly as you are and however you feel most yourself.

9. Does the project accept all body types?

Absolutely. The project celebrates plurality and strongly encourages the participation of all body types, skin tones, and gender identities. The only requirement is that, due to the intimate nature of the photography, all participants must be at least 18 years old.

10. Will my photos be posted online?

Our contract includes a strict confidentiality clause. Your images will only be used for portfolio, advertising, or promotional purposes with your explicit written consent.

11. Can we sign a contract limiting the use of the images?

Yes. Our standard agreement clearly provides the option for you to authorize (or completely decline) the use of your images, giving you total control over your privacy.

12. How do you guarantee my privacy and the security of the files?

To ensure absolute privacy, your images are never stored on cloud servers. They are securely backed up on offline, physical hard drives for up to 5 years. During this period, you can request the files again in case of accidental loss or damage.





13. How does the photo selection and editing process work?

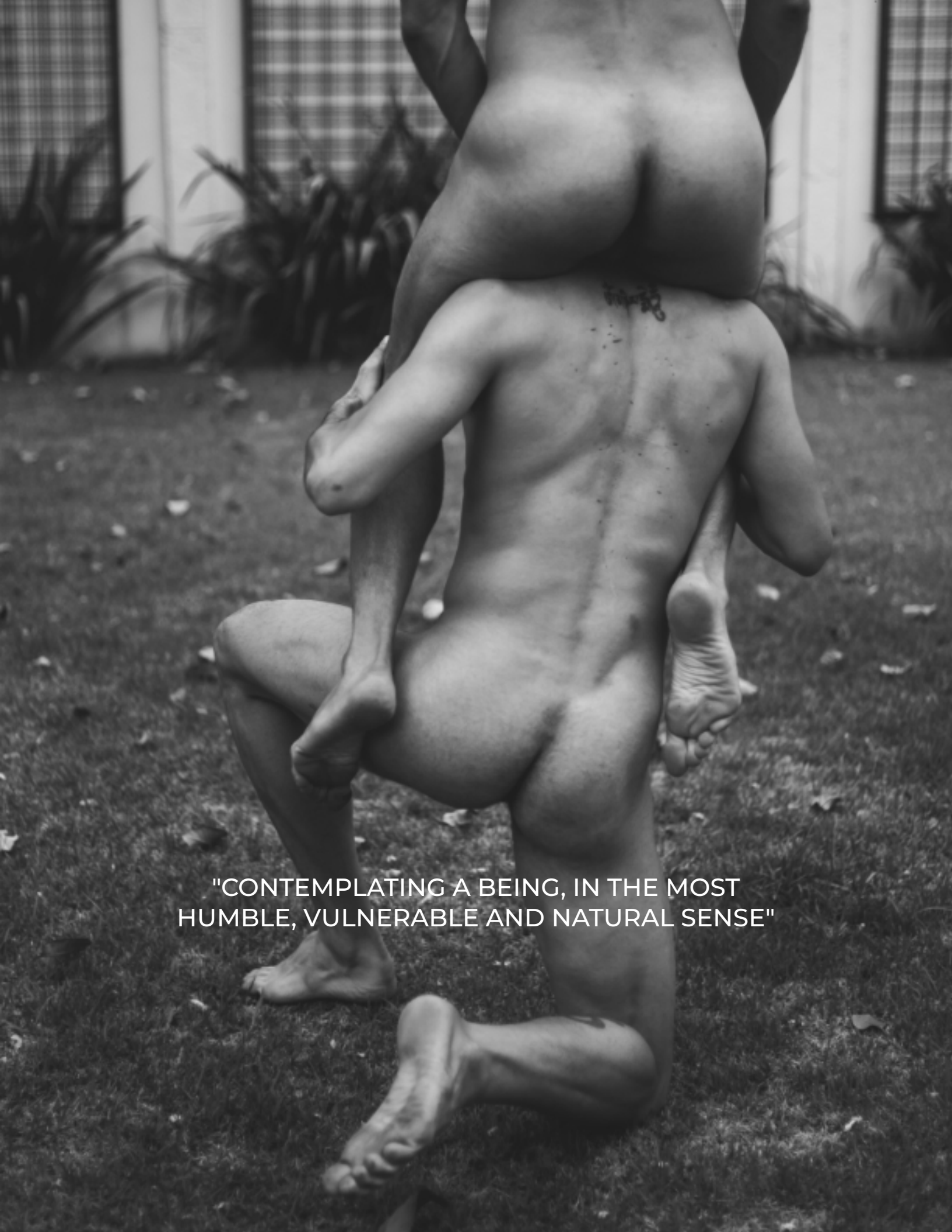
Proof versions of the images will be uploaded to a private online gallery, allowing you to select your favorites at your own pace. Once you make your selection, those specific photos will undergo final editing (color grading and adjustments) and will be securely delivered to you in their original high resolution.

14. How long does it take to receive the final results?

The initial selection gallery will be available within 2 business days after our shoot. The turnaround time for the final edited images depends on the session format and the volume of photos. For the standard 1-hour session, the final delivery takes up to 7 business days from the date you finalize your selection.

15. Are the photos delivered digitally or printed?

The photos are delivered exclusively in high-resolution digital format. If you wish to translate this experience into physical art, such as Fine Art prints or curated albums, we can discuss those options and pricing individually.



"CONTEMPLATING A BEING, IN THE MOST
HUMBLE, VULNERABLE AND NATURAL SENSE"